

MEDIATING ROLE OF PSYCHO SOCIAL INTERVENTION PROGRAM (PSIP) ON STRENGTHENING THE SELF-EFFICACY OF THE CHILDREN OF MIGRANT WORKERS

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ABSTRACT

Self-efficacy plays vital role in the psychological and social aspects of human life. Development of self-efficacy during child hood can predict their future. Therefore, it is very essential to enhance and sustain self-efficacy in children through various programs. The purpose of this study was to assess the level of self-efficacy of the children of migrant workers residing at Ghaziabad district and the role of psycho social intervention on enhancing their self-efficacy. Self-efficacy scale consists of four subscales such as Self-confidence, Efficacy expectation; Positive attitude and Outcome expectation were used to assess the self-efficacy of the participants of this study. The psycho social intervention program was developed based on the psycho social theory, self-efficacy theory, four dimensions of self-efficacy and cultural background of the respondents. The psycho social intervention was conducted among 301 children of migrant workers residing at Ghaziabad district of Uttar Pradesh state, India. In order to assess the self-efficacy of the respondents the researcher has taken pre-test, post - tests method. The active participation and positive response from the respondents to the intervention program made positive changes in their self-efficacy level.

KEYWORDS: *Children, Migrant Workers, Self-Efficacy, Mediating Role, Psycho Social Intervention Program*

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